

# International Design and Build Workshop





# Design, Build & Entrepreneurship Workshop

## Lesotho 2023

# OVERVIEW

**rise - Relationships Inspiring Social Enterprise** is a US and Lesotho registered non-profit social enterprise.

Formed in 2016, **rise** is working towards an Africa where vulnerable youth transform from job seekers to job creators, and to reduce poverty by supporting entrepreneurship through business incubation, learning by doing and community development.

Through our professional network in the design and architecture industry, **rise** links aspiring entrepreneurs in vulnerable communities in low-income sub-Saharan African countries to essential resources they don't otherwise have access. Resources provided include business skills, industry experts, mentorship and access to markets. By working directly with individuals and their communities in a holistic manner, we aim to develop training and solutions that can address local needs and contribute to economic development.

Additionally, **rise** seeks to solve the poor quality and lack of infrastructure outside of most African capital cities by bringing local skilled labour to work on architecture projects in rural areas thus improving the construction know-how within local communities. We aim to bridge the disconnect between tradespeople and professionals, bringing them together through a program called **in loco** that uses locally sourced talent and materials, striving to create an entrepreneurial mindset.







**GLC II Youth Residential Centre - in loco Project 2018**



**IDAL Centre - in loco Project 2019**



**LNFOD - in loco Project 2020**



**Seboka Sandbag Kitchen - in loco Project 2022**

# WHAT

**in loco** international workshop is a residential program, which aims to complement a student's existing learning, and is run in English. It focuses on developing students' knowledge of buildings and helping them work with local communities and experts to help change the cities and rural villages of the future. With a cohort of about 10 recently graduated Basotho students from local Architecture and Construction Schools, as well as promoting peer-to-peer knowledge exchange with contingents of 5 to 10 international students joining at specific times during the construction for 2-week workshops, **in loco** aims to create a life-changing experience for all involved. It is a "learning-by-doing" experience in which all participants are involved in the planning, design and building, through a participatory process engaging international cohorts of students and the local community.

**in loco** offers a real knowledge exchange experience for all involved. Through this program, we essentially collaborate with local vulnerable communities to build desperately needed infrastructure utilizing local graduates from the fields of Design, Architecture, and the Built Environment.

This way there are 3 outcomes: the graduates learn vital entrepreneurship skills while gaining practical work experience; vulnerable communities are provided with the infrastructure they need; and there is a reduction in the unemployment rate in Lesotho as on average 1 fellow creates employment for 5 other people within 3 months of completing the fellowship.



Participatory design workshop



First cohort of in loco fellows



Container Conversion at GLC II



International students and fellows on site



# WHERE

For 2023, the **in loco** project will be the Design and construction of the Kick4Life Stadium of Life's 11-a-side football pitch that will be natural turf. The field will include a basic seating area and changing rooms in the form of container conversions, as well as integrating biodiversity in the form of indigenous plants into the design.



# WHEN

14 - 25 August 2023



# WHY GET INVOLVED

## 1

Up to 10 international construction, engineering and architecture students from the USA, Europe and Asia will participate in the **in loco** program and benefit from an international design and build experience, allowing you to develop design skills suitable for working in challenging environments, and conditions of scarcity of resources.

## 2

Work alongside a team of approximately 8 to 10 young local construction, engineering and architecture graduates from Lesotho, who will be taking part in this exciting internship program, gaining valuable skills to improve your chances of employment and empowering you to start your own projects.

## 3

Be part of a cohort of like-minded international construction, engineering and architecture students who will participate in the **in loco** program and benefit from an international design and build experience, allowing you to develop design skills suitable for working in challenging environments, and conditions of scarcity of resources.

## 4

Be part of a scalable solution to help put an end to some of the root causes of poverty in Africa which is the lack of job opportunities

## 5

Help us develop learnings from this pilot project, and create a network of knowledge and people so that this methodology can be replicated in Lesotho and other countries.

## 6

You will be involved in the design and construction of the Kick4Life Stadium of Life's 11-a-side football pitch project.



# APPLICATION DETAILS

This year's workshop will take place from **14th to 25th August 2023**.

## Flights

In order to allow you the flexibility to plan your participation in the workshop and possible travel in or around Lesotho, flights are not included in the workshop package, and participants are responsible for their own travel arrangements to ensure that they are in Maseru for the start of the workshop. If you would like assistance with booking your flights this can be arranged through our travel agency. **rise** can organize a car to pick you up from Johannesburg airport (at an additional cost) or you can book a flight from Johannesburg to Maseru [here](#).

## Insurance

In accepting to take part in the workshop all participants will be responsible for their own well-being and safety on-site and during their participation in the workshop. As such we strongly recommend that you take out individual travel/accident insurance which specifically allows for volunteering and construction work, and is valid for the location and duration of your stay. If you have any questions on this and/or would like assistance please get in contact with us.



International Students with Fellows on site, 2018



## **Visa**

Most people will require a visa for entry to Lesotho, however, for most nationalities, these can be obtained at an entry port to the country. Nevertheless please seek the relevant advice and information for your nationality from your nearest Embassy.

## **Safety**

We have a strong relationship with the local community where the project will be based. The area and local people are very welcoming and hospitable, and we will take every reasonable measure to ensure your safety at all times. Please check with your local health offices which vaccine you should take, and make sure all your immunisations are completed with sufficient time prior to departure. A Covid-19 vaccination certificate with a QR code is required to enter Lesotho.

## **Accommodation**

We propose two options for accommodation:

1. At Kick4Life hotel, Hokahanya Inn & Conference Center
2. In a shared house

## **Food & Drinks**

3 meals for a day will be provided and are included in the fees.

## **Fees**

2 weeks workshop in the shared house will cost \$1,595 with shared bathrooms in a residential house, while the accommodation at K4L would be \$2,051 for a shared en-suite room and \$1,409.73 for a single en-suite room. 50% deposit is required by 15 July and the remaining 50% is due by 30 July.

## **Provisional itinerary for International Workshop**

- Day 01: Arrive in Maseru, Lesotho. Settle in and choose the accommodation.
- Day 02: Walk around Maseru to become familiar with the city. Welcome meeting with **in loco** staff, some of the local hardware & raw material manufacturing sites to become familiar with locally available materials.
- Days 03-13: Hands-on Design and Build Experience
- Weekend: Optional Excursions into the Lesotho Mountains (Semonkong or Malealea)
- Day 14: Check out, a departure from Maseru, Lesotho

**[APPLY HERE](#)**

# WHO WE ARE

**rise** | relationships inspiring social enterprise | is working towards a world where sustainable social enterprises, created by local entrepreneurs from low-income countries, are the norm. Through our professional network, **rise** links aspiring social entrepreneurs to fundamental resources (funding & skills) they would otherwise not have access to, in order to fulfil their potential.



## **Reitumetse Nthako, Country Director**

Rei is an Entrepreneurship, Innovation, & Strategic Management Specialist with a demonstrated history of over 5 years working in the Nonprofit Organisation Management industry. Rei is passionate about youth development and sustainability, she hopes to see a world where social entrepreneurs are a norm in Lesotho. She graduated with an MBA in Marketing & Operations from Mahatma Gandhi University, in India, while her BA in Urban Planning is a great foundation for working in the built environment, challenging the status quo, in a predominantly male-dominated sector.



## **Retsepile Rammoko, Architectural Designer**

Retsepile is a University of Pretoria graduate who holds both a BSc Architecture Degree and a Hons in Architecture. Prior to his studies, he shadowed at K.T.M Architects and received a basic background in Architecture as a career. He is also an **in loco** 2019 Pioneer and a freelance digital media content creator. This multidisciplinary creative hopes to open a creatively diverse architectural studio. Amongst his interests are skating and rugby.



## **Valentina Rivero, Research & Innovation Coordinator**

Vale studied Architecture in Milan and Lisbon. She recently graduated in International Cooperation and Sustainable Emergency Architecture at the Universitat Internacional de Catalunya in Barcelona. Valentina strongly believes in the potential that architecture has to change people's lives and that architects can really make a difference in a world of increasing urbanization and serious challenges like climate change. She was born in Italy, but she considers herself a citizen of the world, as she believes that people come before nationalities and cultures before borders. She is currently an Ambassador of the Global Challenge by Architecture in Development.



## **Thato Nkikana, Construction and Design Coordinator**

Thato is a Pioneer graduate from our 2020 **in loco** cohort, with over 5 years of experience in the design & construction industry. She is charismatic and aims to break down doors to bring about change and empower women in the built environment industry, which led to the birth of her company: Basa Architects and Contractors, which seeks to generate employment for women in this sector while instilling values of entrepreneurship.





### **Ramarou Tsoho, Construction Supervisor**

Ramarou holds a Diploma in civil engineering from the Lerotholi Polytechnic. He loves and enjoys farming. A pioneer from our 2020 in loco cohort; he has experience in quality control, social media and site management. He is currently the site manager in the construction of our 5 Hub schools project.



### **Tumelo Rasethunts'a, Construction Coordinator**

Stume is a very hard worker who sees that everything goes according to plan on site. He loves his work as it gives him the opportunity to learn by doing, giving him a chance to acquire a vast array of skills. Outside of work, Stume likes keeping to a strict, healthy diet and playing soccer as this gives him the platform to be a role model to children living on the streets.



### **'Mamonaheng Raliile, Finance and Admin Manager**

Mamo is the glue that holds us together, ensuring smooth operations as the Admin and Finance officer of **rise** International. Her patience and positive attitude keep our records up to date and our reports delivered on time. This secret adventure enthusiast enjoys challenging herself and when chilling out loves nothing more than listening to good music or watching soccer on TV.



### **Reitumetse Raphanyane, Admin and Finance Assistant**

Reitumetse is a graduate of Tourism Management. She is a Professional soccer player who was awarded Best in Sports by Limkokwing University. She is a Young African Leaders Initiative alumni, with a passion for entrepreneurship. Her finance and administrative skills, and drive to change oil the in machine that the **rise** team is.



### **Ts'epo Sithole, Project Manager**

Teddy is a noteworthy leader in the project coordination space with specific skills in data collection systems, digital marketing and impeccable business acumen. He believes in constant personal and professional improvement; to do better today than he did yesterday. Teddy is an avid animal lover and a fan of morning jogs. In his free time, he likes exploring nature.



### **Maneo Seekane, Business Trainer**

A certified Professional Business Coach and a Business Trainer. She is a founder and director at Start Smart, a business accelerator company that specializes in Professional Business Coaching and Business Guidance for small businesses. She is also a founder and owner of Maneo Communications, a marketing company that specializes in printing and branding in Lesotho. She is very passionate about small business

development, with regard to coaching and facilitating lifelong learning of entrepreneurs and the growth & sustainability of their enterprises.



**Daniela Gusman, Founder and Executive Director**

Daniela is a seasoned executive with over 20 years of professional experience in the private sector as well as the international development sector, with extensive work throughout Europe, Australia, Africa and the USA in International Sales & Marketing, PR, Business Development and Social Entrepreneurship.

She has successfully grown companies to new levels of success, designed and launched social enterprises and led diverse teams in various competitive sectors from educational services, and manufacturing to corporate B2B events.



**Pedro Clarke, in loco Director**

has been set up by Pedro Clarke, from A+Architecture, and Luca Astorri from AOUMM, both architects with a passion for development. They met in Lisbon working together for Live Design and Build workshops for European students, and have decided to expand on this know-how and set up '**in loco**' as a unique experience for participants from both the Global North and South. Together they combine over 20 years of experience in informal and emerging contexts working on development projects in several countries such as Uganda, Kenya, Lesotho, Egypt and Brazil.



**Luca Astorri, in loco Director**

graduated in architecture from Politecnico di Milano in 2007, where he has been an assistant professor since 2009. After working with OMA / Rem Koolhaas from 2006-2008, he co-founded AOUMM - Argot ou la Maison Mobile, an architectural firm based in Milan, focused on architecture and urban projects. He was invited to XIV International Architecture Exhibition, the Venice Biennale, with "Zingonia, mon amour" a research project for the official section Monditalia. Since 2010 he has collaborated with several NGOs for architecture and research projects focusing on informal settlements in Cairo, Nairobi and San Paolo. Has lectured in Europe, and South America. He has been invited as Tutor to several international workshops in Macao, Lisbon, Cairo, Zagreb, Wroclaw, and Cochabamba.



# PARTNER

## **Kick4Life**

Kick4Life is a non-profit social enterprise that uses sport as a tool for social change. based in Lesotho in Southern Africa. As a charity and a social enterprise, their mission is to change the lives and long-term prospects of vulnerable young people in Lesotho, through a wide range of social development activities focused on health, education and support towards sustainable livelihoods.

Kick4Life Centre is based in Maseru, Lesotho's capital city. This is the home ground of their teams and a hub of social and economic development. They deliver a range of social interventions around health education & life skills, with their flagship programme, the Kick4Life Academy providing vulnerable children & young people with intensive academic support, football coaching and character development, with the aim of supporting participants to genuinely life-changing opportunities at international universities. Through this long-term, holistic approach, they aim to empower young people with the skills and confidence to become change makers and leaders in the long-term sustainable development of Lesotho. They also deliver a wide range of community programmes for vulnerable youth including health education, life-skills development and gender equality.

Their work is aligned with three priority Sustainable Development Goals - 3: Good Health & Well-being, 4: Quality Education and 5: Gender Equality.



## **CONTACTS**

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# APPLY

In order to apply for a place in the Design and Build Workshop, please complete and sign this form [HERE](#) and send it to us, which will enable you to write your motivation letter explaining why you'd like to take part in this project, attach your CV, and samples of your work.

**Applications must be received by June 30, 2023.**

Surname:

First Name:

Nationality: Mr. Miss. Mrs. Ms

Address: \_\_\_\_\_ Postcode

Date of Birth:

Email:

Mobile:

Other Tel:

Please give details of any qualifications or degrees you have been awarded or are currently working towards:

Course Title:

University/ School:

Dates:

1. How did you hear about this workshop:

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2. What do you hope to accomplish and achieve from attending this workshop:

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3. Do you have any particular areas of interest or skills that you would like to learn about or share with others during the workshops?

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4. Please give details of any other academic or work experience that may be relevant to your application:

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4. Any other information you would like to share?

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Disclaimer:

By signing the application form below, I accept to take part in the 'In Loco' workshop as a volunteer/ participant, if a place is offered to me. In accepting this place, I agree to pay all amounts due for my participation in the workshop and acknowledge that I shall be solely responsible for my own travel and insurance arrangements, health and well-being for the duration of the workshop.

Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_